Empowering girls through sports events

Moving the Goalposts is an organisation based in Kenya, working to support the healthy development of girls through football. Since their creation in 2001, they have supported over 50,000 girls to develop useful skills for their growth and independence.

They encourage girls' participation by empowering them to advocate for better policies for them. They have supported girls to find careers, independence and empowerment through the sport, having some of them even playing for international teams.

The organisation's Executive Director Dorcas Amakobe stated that 'Child safeguarding has the power to influence the custodians of our future generation. It secures a generation that will break the cycle of harm and bring about a culture of positive experiences for children'.

Moving the Goalposts is helping build systems that protect children from abuse, actively involving them in the process and helping them develop knowledge about leadership, entrepreneurship, financial independence and wellness.

Watch this video to learn more about them.